



GAELIC FOOTBALL & HURLING ASSOCIATION OF AUSTRALASIA

PREGNANCY & SPORT POLICY

PREGNANCY

Everyone bound by this policy must treat pregnant women with dignity and respect and any unreasonable barriers to participation by them in our sports should be removed. We will not tolerate any discrimination or harassment against pregnant women.

While many sporting activities are safe for pregnant women, there may be particular risks that apply to some women during pregnancy. Those risks will depend on the nature of the sporting activity and the particular pregnant woman's circumstances. Pregnant women should be aware that their own health and wellbeing, and that of their unborn children, should be of utmost importance in their decision making about the way they participate in Gaelic Games.

The GFHAA recommends that pregnant women wanting to participate in our sport consult with their medical advisers, make themselves aware of the facts about pregnancy in sport, and ensure that they make informed decisions about participation. We will only require pregnant women to sign a disclaimer if we require other participants to sign one in similar circumstances. We will not require women to undertake a pregnancy test.

The following document contains **comprehensive** health and medical information about pregnancy and sport and we recommend that all members associated with Women's Gaelic Football and Camogie make themselves aware of its content:

www.ausport.gov.au/participating/women/resources/pregnancy

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PREGNANCY & SPORT POLICY

1.

1.1. Name

- 1.1.1. The name of this policy is the Gaelic Football & Hurling Association of Australasia Pregnancy & Sport Policy

1.2. Date

- 1.2.1. This policy was enacted on the 25 February 2007

1.3. Aim & Scope

- 1.3.1. The aim of this policy is to determine how to deal with issues regarding players who are pregnant.

1.4. Definitions

- 1.4.1. The Standard Definitions of the GF&HAA Member Protection Policy apply

1.5. Revision

- 1.5.1. This Policy is to be maintained and reviewed by the Australasian Secretary

2. A player who is pregnant, or suspects she is pregnant, shall:

- 2.1. seek medical advice prior to engaging in any sporting activity,
- 2.2. take sole responsibility for the decision whether or not to participate, in consultation with their medical practitioner,
- 2.3. in making that decision, take into account the effect of her participation on the enjoyment and athletic fulfilment of other players,
- 2.4. decide whether she will inform other participants or administrators that she is, or suspects she is, pregnant,
- 2.5. recognise the risks of playing sport while pregnant,
- 2.6. accept that insurance held by the GF&HAA or an affiliate of the GF&HAA may not cover injuries relating to pregnancy,
- 2.7. accept all responsibility for the health of her unborn child and herself while participating.

3. Members of the Australasian and State associations shall:

- 3.1. not discriminate against a player because she is pregnant,
- 3.2. make pregnant women aware of this policy and the GF&HAA Member Protection Policy,
- 3.3. recognise the player's right to privacy regarding her pregnancy.

4. The following document contains some health and medical information about pregnancy and sport:

- 4.1. www.ausport.gov.au/women/pregmed.asp